



Tuesday, September 25, 2007  
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## **News Advisory**

### **Utah's First Lady Honors Employers for Worksite Wellness Excellence**

- Who:** 53 Utah businesses
- What:** The businesses will be honored for making worksite health and wellness a priority for workers. First Lady Mary Kaye Huntsman will make the presentations at the 20<sup>th</sup> Annual Conference for Worksite Health Promotion. The Conference and awards program are sponsored by the Utah Council for Worksite Health Promotion (UCWHP), a coalition of the Utah Department of Health and its community partners. Award winners were evaluated by experts on their success in making policy and infrastructure changes to support healthy lifestyles, as well as their ability to show their programs are truly making employees healthier.
- Why:** With health care costs on the rise, worksite health promotion and wellness is an effective way for employers to save money and keep workers happier and healthier. "It is so exciting to see so many Utah companies receive recognition for their effort in improving the health of their employees," said Angela Bishop-Harman, UCWHP Chair and Health Promotions Coordinator with SelectHealth. "I hope other Utah companies will look to these companies as an example of what they too can accomplish at their worksites."
- When:** Wednesday, September 26, 2007  
12:45-2:15pm
- Where:** Karen G. Miller Conference Center, Lone Peak Room  
Salt Lake Community College, Miller Campus  
9750 South 300 West  
Sandy, Utah
- Photo and  
Interview  
Opportunities** Award winner representatives will be available for interviews regarding their companies' strategies and successes. **On-site contact is Lynda Blades at (801) 598-0564.**

**The First Lady will begin speaking promptly at 12:45.  
For a list of award recipients, please visit:  
<http://www.health.utah.gov/worksitewellness/awards.html>**

**-End-**